



SPRING 2024

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standard

Competitive Programs

**By Invitation Only & Must Be
Approved by Performance Director ** NO EXCEPTIONS ****
(*Age is guideline only)

Shuttle Pre-1C (*Ages 7-12)

8 weeks	TUE & SUN	Apr 28 – June 23 (no class May 5)	4-6PM 9-11AM	\$480 + GST
	FRI & SUN	Apr 28 – June 23 (no class May 5)	6-8PM 9-11AM	

Shuttle 1C (*Ages 8-12)

8 weeks	MON	Apr 29 – June 24 (no class May 20)	4-6PM	\$696 + GST
	WED	May 1 – June 19	6-8PM	
	SAT	Apr 27 – June 22 (no class May 4)	1-3PM	

Shuttle 2C (*Ages 13-18)

8 weeks	MON	Apr 29 – June 24 (no class May 20)	6-8PM	\$696 + GST
	THU	May 2 – June 20	4-6PM	
	SAT	Apr 27 – June 22 (no class May 4)	9-11AM	

Shuttle 3C (*Age 15+)

8 weeks	MON	Apr 29 – June 24 (no class May 20)	8-10PM	\$696 + GST
	THU	May 2 – June 20	6-8PM	
	SAT	Apr 27 – June 22 (no class May 4)	11AM-1PM	

Shuttle 4 DOUBLES SPECIALIZATION: 2 Days

Prerequisite: Passed PHASE 2 of SH3 & participate in Rising Stars Circuit & Year-end Tournament

8 weeks	TUES	Apr 30 – June 18 (no class Mar 19 & Mar 26)	6-8PM	\$480 + GST
	SAT	Apr 27 – June 22 (no class May 4)	3-5PM	