



FALL 2026

Class Schedule

13 Weeks of Training							
Week #	SUN	MON	TUES	WED	THURS	FRI	SAT
1	13-Sep	14-Sep	8-Sep	9-Sep	10-Sep	11-Sep	12-Sep
2	20-Sep	21-Sep	15-Sep	16-Sep	17-Sep	18-Sep	19-Sep
3	27-Sep	28-Sep	22-Sep	23-Sep	24-Sep	25-Sep	26-Sep
4	4-Oct	5-Oct	29-Sep	7-Oct	1-Oct	2-Oct	3-Oct
5	18-Oct	19-Oct	6-Oct	14-Oct	8-Oct	9-Oct	17-Oct
6	25-Oct	26-Oct	13-Oct	21-Oct	15-Oct	16-Oct	24-Oct
7	1-Nov	2-Nov	20-Oct	28-Oct	22-Oct	23-Oct	7-Nov
8	8-Nov	9-Nov	27-Oct	4-Nov	29-Oct	30-Oct	14-Nov
9	15-Nov	16-Nov	3-Nov	18-Nov	5-Nov	6-Nov	21-Nov
10	22-Nov	23-Nov	10-Nov	25-Nov	12-Nov	13-Nov	28-Nov
11	29-Nov	30-Nov	17-Nov	2-Dec	19-Nov	20-Nov	5-Dec
12	6-Dec	7-Dec	24-Nov	9-Dec	26-Nov	27-Nov	12-Dec
13	13-Dec	14-Dec	1-Dec	16-Dec	3-Dec	4-Dec	19-Dec
NO CLASS	25-Oct	7-Sep 12-Oct		30-Sep 11-Nov			24-Oct 31-Oct

Make-up class
31-Oct 9am-3pm 1C, 2C, 3C

Public Holidays

- *Sep 7th Labour Day
- *Sep 30th National Day for Truth and Reconciliation
- *Oct 12th Thanksgiving Day
- *Oct 31st Halloween
- *Nov 11th Remembrance Day
- *Dec 24-26th Christmas Break

Shuttlesport Hosting Tournaments

- *Oct 10-11 - Rising Stars # 1
- *Dec 20-22 - Rising Stars # 2

Ability
is what you are capable of doing.
Motivation
determines what you do.
Attitude
determines how well you do it

If You *Believe* 
in Yourself
Anything is Possible