



WINTER 2026

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standard

Competitive Programs

By Invitation Only & Must Be

*Approved by Performance Director ** NO EXCEPTIONS ***

*(*Age is guideline only)*

Shuttle Pre-1C (*Ages 7-12)

13 weeks	TUE & SUN	January 4 – April 14	4-6PM 9-11AM	\$832 + GST
	FRI & SUN	January 4 – April 24	6-8PM 9-11AM	

Shuttle 1C (*Ages 8-12)

13 weeks	MON	January 5 – April 20	4-6PM	\$1229 + GST
	WED	January 7 – April 15	6-8PM	
	SAT	January 10 – April 25	1-3PM	

Shuttle 2C (*Ages 13-18)

13 weeks	MON	January 5 – April 20	6-8PM	\$1229 + GST
	THU	January 8 – April 16	4-6PM	
	SAT	January 10 – April 25	9-11AM	

Shuttle 3C (*Age 15+)

13 weeks	MON	January 5 – April 20	8-10PM	\$1229 + GST
	THU	January 8 – April 16	6-8PM	
	SAT	January 10 – April 25	11AM-1PM	

Shuttle 4 DOUBLES SPECIALIZATION: 2 Days

Prerequisite: Passed PHASE 2 of SH3 & participated in Rising Stars Circuit & Year-end Tournament

13 weeks	TUES	January 6 – April 14	6-8PM	\$858 + GST
	SAT	January 10 – April 25	3-5PM	